



# Adventures Within — August 27-31, 2023



## ITINERARY

**Day One:** Arrival and getting acquainted with others. Afternoon of optional activities such as: hiking, kayaking, fishing, and relaxing.

**Day Two:** High ropes course located at BOEC's Program Site.

**Day Three:** Whitewater rafting (Upper Colorado River).

**Day Four:** Adaptive cycling at Keystone, Colorado then an afternoon to relax and unwind.

**Day Five:** Departure.

*\*BOEC reserves the right to screen all applicants for appropriateness.*

*\*\*Event activities and dates are subject to change.*

The Breckenridge Outdoor Education Center (BOEC), in collaboration with the **Rocky Mountain MS Center**, brings you Adventures Within, specifically designed for adults living with multiple sclerosis.

This summer retreat provides unique physical outdoor experiences and features activities such as adaptive cycling, rafting, whitewater rafting, canoeing, kayaking, hiking, high ropes course, rock climbing and plenty of time to enjoy the pristine mountain setting at our 39-acre wilderness campus overlooking historic Breckenridge, Colorado. Evenings include home-cooked meals, sharing stories, campfires, and a time to relax. All specialty equipment, instruction, fun, fellowship, and laughs are included free of charge.

You are welcome to bring a friend, family member, or care attendant, if needed.



## REGISTRATION

Registration is currently open and applications will be accepted up until one month prior to course start. Applicants will be screened for appropriateness by BOEC upon receipt of a completed application packet and deposit. Space is limited to 10 participants. Please contact Claire DiCola at 970-453-6422 or [claire@boec.org](mailto:claire@boec.org) to request an application packet.

## COST

\$900 (A scholarship application is included in the enrollment packet). Included in the trip cost: Food, rustic accommodation, all group gear and specialty equipment, transportation during the course, and 24-hour instruction and supervision by professional BOEC staff members. A \$425 additional cost applies for friends, family, or caretakers.

Round-trip transportation from the greater Denver area to Breckenridge can be arranged through BOEC for an additional cost of \$100.